

Inspired

Christina Theoharis



Age: 27

Profession: Property Management

Home: Chevy Chase, M.D.

Procedure: Rhinoplasty

AACS Doctor: Michael J. Will, M.D., D.D.S.

Christina was unhappy with the way her nose looked. She was worried, however, that her cosmetic doctor would not give her what she wanted, and she would regret the decision. That was before she took the leap. She hasn't looked back since.

"I'm half Persian, half Greek. I didn't want to lose my ethnicity, I just wanted to soften it," says Christina, a property manager in suburban Chevy Chase, Maryland who was encouraged by the fact that her sister had already undergone a rhinoplasty (nose job) procedure.

In looking for the right cosmetic doctor, Christina leaned in the direction of family. She went to see Dr. Michael Will, who happened to be the father of her sister's boyfriend. That was just part one, however. "There were multiple factors [in my decision]" she says, "including comfort, trust and workmanship. For me it was first a comfort thing. I knew the family, and I'd seen the work he'd done. And he was easy to work with, and wanted to know if I was comfortable about getting it done."

After her procedure, Christina says, she had to wear "a big splint thing across my face, and my nose had to be packed. It was the worst feeling." At no point, however, was she ever in any pain.

Today, she says, she couldn't be happier.

"I just feel – and I know it sound funny, because it's just my nose – I feel a little prettier... I just like the way I look and at the end of the day it's about how you feel about yourself. If you like the way you look it makes your daily life better."

PHOTOGRAPH: COKNUR OLCUNER